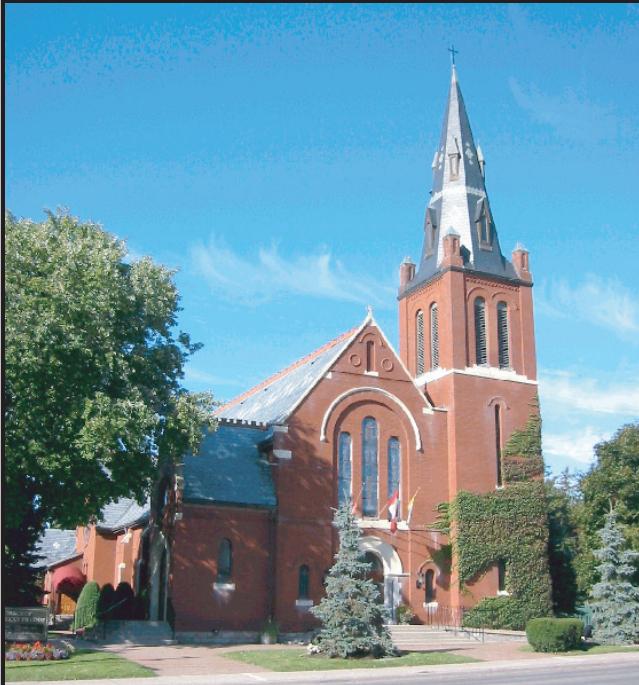


St. Gregory The Great

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web site: www.stgregorythegreat.archtoronto.org
email: stgregorythegreat@archtoronto.org

Pastor

Fr. Marijan Sisko

Deacon

David MacInnis

Administrative Assistant

Jacqueline Martin

Office Hours

Monday to Friday 8:30 a.m. - 12:00 noon &
1:00 p.m. - 4:30 p.m.

Weekend Mass

Sunday 8:00 a.m. & 9:30 a.m.

Weekday Mass

Tuesday 12:10 p.m., Friday 7:00 p.m.

Confession

Friday 5:45 p.m. - 6:45 p.m.

Baptism

Please approach the Priest after you have
participated at Sunday Mass.

Marriage

One year notice (Archdiocesan guideline)
Marriage Preparation required
Please contact the parish priest

Visits To The Sick

Please contact the parish office for
more information.

Natural Family Planning:

Helping married couples live out the teachings
of the Catholic Church
bit.ly/NFP-Brochure-OFD-SMI

Catholic Cemeteries

St. Gregory's & Resurrection
905-668-8912
or www.catholic-cemeteries.com

Durham Catholic District School Board

905-576-6150
or www.dcdsb.ca

Society of St. Vincent De Paul- Help Line
905-720-0003

Letters of Reference for Catholic Teacher Applicants

If you are a teacher, from this Parish and
require a reference letter, please note that you
will have to be attending Mass here regularly
for at least 6 months and if possible
participating in a Parish ministry before such a
recommendation will be given.

(<http://bit.ly/PracticingCath>). Teachers who are
finishing teachers' college will need a pastoral
letter from their own parish priest where they
attend Sunday Mass.

Mass Schedule & Mass Intentions	
SUN.	February 22 nd <i>First Sunday of Lent</i> 8:00 a.m. ~ For The People 9:30 am+ Deceased members of the DeSousa Family, req. Manuel & Gloria DeSousa 12:00 Noon – Mass at Holy Cross
TUES.	February 24 th Multiple Intention Mass 11:10 a.m. NEW! Adoration 12:10 pm Mass at St. Gregory's
WED.	February 25 th 8:30 a.m. Mass at Holy Cross Parish 7:00 p.m. Mass at St. Gregory's
THUR.	February 26 th 8:30 a.m. Mass at Holy Cross
FRI.	February 27 th Multiple Intention Mass 5:45 – 6:45 p.m. Confessions & Adoration At St. Gregory's 7:00 p.m. Mass at St. Gregory's
SAT.	February 28 th 3:30 p.m.- 4:15 p.m. Holy Cross Confessions 4:30 p.m. Mass at Holy Cross
SUN.	March 1 st <i>Second Sunday of Lent</i> 8:00 a.m. ~ For The People 9:30 am+ Americo & Angela Coscarella, req. Frank & Sandy Coscarella Noon – Mass at Holy Cross

Thought of the week

As we move forward in this season of Lent, let us **remember that the Lord's generosity cannot be outdone**, for he has given us even his only Son. Perhaps we can make a small act of trust in God by giving something away today. Perhaps it's a meal to the hungry, a visit to the lonely, or a gift of our income to the Catholic Ministries Appeal. Each is a tangible way of sacrificing our goods, trusting in God's providence, and awaiting his blessings.

Mass Intentions: A reminder that we are taking bookings for Mass Intentions and the Sanctuary Lamp for 2026. Please call or come to the Office during Office hours. Please note: only one Sunday Mass will be available as the other Mass will be for the Parish.

Worldwide Marriage Encounter Experience
March 7-8, 2026: Fall in Love Again!

Are you ready for more growth and happiness in your marriage or priesthood? Join us on March 7-8 at Queen of Apostles for a weekend that could change your life. Discover the Secrets to a Lasting, Supportive, and Transformational Marriage!

This weekend is for couples, whether you are newlyweds or have been married for decades. It's also perfect for priests looking to deepen their relationship with their community.

Contact us: Christian & Elizabeth Arroba, 416-554-4439 or 416-554-7062 christian.elizabeth.arroba@wwme.org

How to obtain a Plenary Indulgence

You may receive a partial indulgence in many ways. To obtain a plenary indulgence associated with a church or oratory, when devoutly visiting them, recite one Our Father and the Creed. It is required: Sacramental Confession, Eucharistic Communion, and Prayer for the intention of the Pope.

Next, all attachment to sin, even venial sin, should be absent. These works are highly recommended and by them you may seek to obtain a plenary indulgence: 1) adoration of the Blessed Sacrament for at least one half an hour; 2) devout reading of the Sacred Scriptures for at least one half an hour; 3) the pious exercise of the Way of the Cross; 4) the recitation of the Marian Rosary in a church or public oratory or in a family group, a religious Community or pious Association (<https://bit.ly/sacredindulg>).



The faithful may obtain a plenary indulgence during Jubilee Year of St. Francis by making a pilgrimage to a Franciscan church or a place of worship dedicated to St Francis, under the usual conditions. The sick, those who care for them, the elderly, and the homebound may also receive an indulgence. <https://bit.ly/stfra26>

All About Fasting and Abstinence

Fasting is the limitation of food and drink, typically to one main meal and two smaller meals, with no solid foods in between. (But remember to drink enough fluids!). We fast on Ash Wednesday and Good Friday. We fast because it helps us to pray better. An empty stomach can lead to more attentive prayer. Catholics aged 18-59 are bound to fast. Those with impaired health should not fast in any way.

Abstinence is avoiding certain kinds of food or drink, typically meat or other desirable foods. Catholics are obliged to abstain from meat every Friday throughout the year (except solemn feast days). Instead of abstaining, you may substitute special acts of charity or piety on Fridays.

We abstain on Fridays because it's the day of Christ's saving death on the Cross; we abstain to share in His work of saving the world. Catholics aged 14 and older are obliged to abstain. <https://bit.ly/3OnYuqv>

Pray for our priest(s) and fellow Parishioners; for the Church and holy vocations; that there may be holy bishops, priests, deacons, and religious; holy marriages, families and holy single people; for repentance, salvation and peace in the world; and for all the deceased.

Are you civilly married or in a common-law relationship, possibly with previous marriages? If yes, contact the priest so that we can see how to help you seek an annulment and/or Marriage in the Church. In this way, eventually, you will be able to receive the Sacraments with a good conscience.

Stations of the Cross during Lent

Stations of the Cross are held on Fridays after the 7:00 p.m. Mass at St. Gregory the Great, and on Thursdays at Holy Cross at 5:00 p.m. All are welcome!

Keep your love for your Parish alive. Please remember St. Gregory's Parish in your Will.

Catholic Family Services of Toronto
Online Bereavement Introductory Program
Wednesday, February 25 - March 18 7:00 pm - 9:00 pm
Register at: <https://nbb0226.eventbrite.ca>

Online Separated/Divorced Introductory Program Thursday, February 26 - March 19 7:00 pm - 9:00 pm Register at: <https://nbsd0226.eventbrite.ca>

For more information, contact: Arcangelo Limanni, alimanni@cfstoronto.com (647) 215-3978



St. Gregory's Youth



St. Gregory and Holy Cross Program for our youth in grades 6-8. Our next night will be held on **Wednesday, February 25th, from 6:15 p.m. to**

8:00 p.m. in St. Gregory's Hall. It will run every other Wednesday. Download [registration form](#)

<https://linktree/vmstghc> or scan QR code. For more information or to register, please contact our youth minister, Kim Carson, at: vmstghc@archtoronto.org



Free Movie Night



Mark your calendar **for Saturday, February**

28th, at 6:30 p.m. in our Parish Hall. The Movie will be **Disney's Big Hero 6**. Parent supervision is required for children under the age of 10. There will be popcorn and water for everyone. There is no cost, but donations are always welcome to cover the license expense.

Did you know that there is a chaplain on call at Lakeridge Health? In case of an emergency, or if you or your loved ones are admitted to the hospital for a serious surgery, you may ask the nurse to call a chaplain. Or, before your admission, you may contact Fr. Marijan if you wish to receive the Sacrament of the Anointing of the Sick. Upon admission to the hospital, identify your religion as Catholic.

21st Heart to Heart Gala for Catholic Family Services, February 28, 2026, cocktails at 6 pm, dinner at 7 pm. Deer Creek Facility, Ajax. Tickets are \$125 each. Visit <https://trellis.org/heart-to-heart-gala-2026>

World Day of Prayer

World Day of Prayer Friday, March 6, 2026, at 1:30 p.m.

St. John the Evangelist Parish, Whitby Fellowship to follow service in the Parish Centre.

Prayer Group

St. John the Evangelist in Whitby has a Prayer Group that meets on Wednesdays from 1 pm to 3 pm weekly in the Parish Centre. We have music, discussion topics, and DVD presentations. All are welcome. We are looking for new leaders. Please call Klara at 905-668-9579.

Sacramental Preparation

First Communion: Congratulations to all the children who received the Sacrament of Reconciliation. The next session will be on **February 22nd, 2026, at 10:45 in our Parish Hall.**

Confirmation: The next session for Confirmation is Sunday, **April 12, 2026, at 10:45 a.m.** in the Parish Hall at Holy Cross.

Catholic Charities

Catholic Charities of the Archdiocese of Toronto CCAT is offering scholarships for new immigrants and refugees wanting to pursue further and/or continuing education. Applications are now being accepted. Deadline is April 30, 2026. Please submit all applications to: info@ccat.ca. Visit <https://ccat.ca/scholarships> for more information.

Come and See – Discernment Weekend

At St. Augustine's Seminary, there is a prayerful and supportive environment for young men aged 18 and above to reflect, hear vocation stories from seminarians, and engage in meaningful conversations with seminarians and priests, as well as participate in social gatherings. The next *Come and See* will be February 27 to March 1, 2026.

<https://www.vocationstoronto.ca/comesee>



Announcing the 2026 ShareLife Campaign As we approach our first ShareLife Sunday collection on March 22, it is essential that we come together in compassion to meet our Parish Campaign goal, addressing the growing needs in our communities. Your support of ShareLife makes different programs possible. On March 21/22, we will welcome our seminarian, Ryan, to speak to us on behalf of ShareLife.

THANK YOU!!! We at St. Gregory's would like to take this opportunity to thank ALL those of the Parish who helped in any way to make the Bishop's Pastoral Visit last weekend run as smoothly as possible, especially the ladies who helped with the reception.



Pope Leo's Lenten Message 2026

You may find Pope Leo's Lenten message for 2026 here, <https://bit.ly/popolent26>

Cardinal Leo's Lenten Message 2026

<https://bit.ly/cardleolent26>



St. Carlo's 'wake-up call'

When Carlo found out that he had type M3 leukemia, he had "a big smile and said, 'God has given me a wake-up call'" (<https://bit.ly/mysoncarlo>, 17). His mother writes, "He did not allow anxiety or anguish to conquer him. He reacted by trusting in God. And in his trust, he decided to smile" (p. 18). What gave strength to St. Carlo to smile in the face of tragic news, that he would basically die soon? Could it be that he believed and trusted in God who raises even the dead to life? Carlo would not have that faith if he didn't draw it like fresh water from the springs of life in the Church. Do you, and if so, where do you nourish your faith? If you continually draw close to and seek unity with Christ in His Church as Carlo did, you can also face any difficulty in life, even with joy and hope.

Lenten Reflection with Sacred Art

All are invited to attend an online Lenten reflection using works of sacred art and the *Via Matris*. Mr. Les Miller, author of *Northern Lights*, will lead the reflection. The event will take place on Wednesday, February 25, from 7 to 8:30 p.m. There is no cost, but registration is required: <https://bit.ly/LRSA-RegisterFeb2026>

Keep your love for your Parish alive. Please remember St. Gregory's Parish in your Will.



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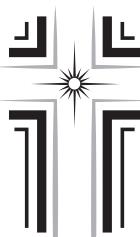
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